

# REEL TALK

## FEBRUARY 2024



*Official newsletter of the Surf Casting and Angling Club of WA (Inc)*



Surf Casting and Angling Club of WA (Inc)

## Reel Talk – February 2024 Contents

*Cover picture – Driving down the track onto the beach at Wilbinga. Photo courtesy of the Wessels family.*

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### LIFE MEMBERS

Ian Cook  
Bob Henderson

Terry Fuller  
Mal Head

Peter Osborne

#### Deceased life members

Vic Davis  
Doug Edward  
Lloyd Dunn  
Dudley Brown

Noel Knight  
Les Shand  
Ron Kildahl  
Bob Klein

Jim Strong  
Eric Parker  
George Holman

# CLUB COMMITTEE

September 2023 – August 2024

All club emails should be sent to [secretary@scac.net.au](mailto:secretary@scac.net.au) and all correspondence posted by mail should be addressed:

Secretary

Surf Casting & Angling Club of WA (Inc.)

PO Box 2056

Marmion WA 6020

## EXECUTIVE COMMITTEE

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John Curtis

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## GENERAL COMMITTEE

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### Committee Position 2

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[christopherstickells@gmail.com](mailto:christopherstickells@gmail.com)

## NON-COMMITTEE POSITIONS

### Website Co-Ordinator

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### Membership Co-Ordinator

Currently Vacant

### Reel Talk Editor and submissions

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### Social Events Organiser

Sandra Wessels

0408 125 651



# NOTE FROM THE EDITOR / FDO

## CONGRATULATIONS

To Oliver Wessels, our Junior Club Champion, who received the Marcia Pekaar Trophy late last year for his efforts. Well done Oliver, we hope your school friends were impressed, and look forward to seeing you on future club outings!

Members are advised that the Member's Handbook is available in hard copy for members who attend the general meetings. Each membership fee paid includes a single copy, i.e. couples and family memberships will receive a single copy to share. Huge thanks to John Curtis for his hard work and dedication in editing and publishing this important document.

A reminder that the draft field day calendar has been distributed for submissions, which will be discussed at the next committee meeting immediately prior to the next general meeting. Please return your submissions to John Curtis by **TUESDAY 13 FEBRUARY 8PM** so they can be collated and prepared beforehand.

*Helen Carnell; Editor / Field Day Officer*



# FEBRUARY GENERAL MEETING AND EDUCATION SESSION

Wednesday 14 February, 2024

**Address: Croatian Club in Wishart Street, Gwelup**

Doors open no earlier than 6:45pm

Meal at 7.00pm with meeting at 8.00pm

Education session following close of general meeting and a short tea / coffee break

Please RSVP to secretary for catering purposes by

**NOON SUNDAY 6 DECEMBER**



## February birthdays

Mya Harvey

February 6

Dean Stewart

February 28



# FISHING CALENDAR

## Competition year June 2023 – May 2024

Field day dates have **mostly** been set as the weekend immediately following each General Meeting  
Long weekends have been noted

DATE	VENUE	BOUNDARIES
February 17 – 18	Cervantes / Hill River and local New moon – February 10	Local boundaries will be determined at the general meeting before the field day
March 2 – 4 Labour Day LWE	Reef Beach and open New moon – March 10	Open – no boundaries. Please fish together for safety
March 30 – April 1 Easter LWE Anzac Day April 25	Bluff Creek and open Full moon – April 25	Open – no boundaries. Please fish together for safety

### Standard weekends

Lines down Saturday 0600  
Lines up Sunday 0900

### Long weekends and Rottneest

Lines down Saturday 0600  
Lines up Monday 0900

### Suggested local boundaries

Cervantes to Jurien (LWE)  
Cottesloe Groyne to Quinns Rocks  
Floreat Groyne to Yanchep  
Ledge Point to Wedge Island  
Moore River mouth to Three Mile Reef  
North Mole Fremantle to Two Rocks Marina  
North side of Peel Estuary to North Mole Fremantle  
Penguin Island to Mullaloo Point  
Preston Beach to Mandurah Cut  
Seabird to Lancelin

Seabird  
South side of Mandurah Cut to South Mole Fremantle  
South side of Mandurah Cut to north side of Bunbury  
Cut  
Swan and Canning River upstream from railway bridge  
Swan and Canning River including the inside (harbour  
side) of the North & South Moles Fremantle  
Yanchep to Lancelin  
Yanchep to Ledge Point

## SOLUNAR TIMES UNTIL END APRIL 2024

MONTH	DATE	PREDICTION	MOON UP	MOON DOWN	PHASE
<b>February</b>	Sat 17	Poor	17:31	05:04	Waxing
	Sun 18	Poor	18:26	05:58	1 <sup>st</sup> quarter 17 <sup>th</sup> Feb
<b>March</b>	Sat 2	Poor	03:26	15:50	Waxing
<i>Labour Day LWE</i>	Sun 3	Poor	04:15	16:42	1 <sup>st</sup> quarter 4 <sup>th</sup> Mar
<i>Equinox Wed 20<sup>th</sup></i>	Mon 4	Poor	05:09	17:38	20 <sup>th</sup> – Waning
<b>March / April</b>	Sat Mar 30	Poor	02:12	14:37	Waxing
<i>Easter LWE</i>	Sun Mar 31	Poor	03:03	15:31	1 <sup>st</sup> quarter 2 <sup>nd</sup> Apr
	Mon Apr 1	Poor	03:59	16:28	
<i>ANZAC Day LWE</i>	Thurs 25	<b>Best</b>	-	11:45	New moon 24 <sup>th</sup> Apr
	Fri 26	Fair	00:09	12:34	Waxing
	Sat 27	Fair	01:00	13:27	1 <sup>st</sup> quarter 1 <sup>st</sup> May
	Sun 28	Poor	01:54	14:23	

# DRY CASTING

January 8, 2024

A beautiful morning with a light south-easterly breeze and all set up to go by 8AM. It was great to see John Devitt and Bruce Davies turn up to have a social cast and chin wag. We started off with the distance casting as the sun already had a bite to it, the wind had disappeared and the humidity was creeping up so the lads were champing at the bit.

Gary belted down a few great casts winning all events. Distances were 141 m for the 56 g, 125 m for the art bait and 151 m for the 112 g. He followed up winning the DHA also but was trounced by sheer brilliance in the SHA by you know who with 32 points. Bruce had the "yips" - we had to place a big sign on his reel saying "bail arm now" and he improved.

The sun really started to vent it's heat even at 9:15 AM so we enjoyed the snag burn and cold drink at the end of the day. Our cook Mark always delivers.

Must state that it was a sad day when our champ couldn't turn up and we missed his banter and advise, his encouragement and comradery. Get well quickly mate for you are missed.

Cheers

Bob 'Hendo' Henderson; Dry Casting Officer

## Results

Name	DHA	H/C	SCORE	SHA	H/C	SCORE	TOTAL
VETERANS							
Bob Henderson	94	10	104	32	28	60	164
Gary Gildersleeves	142	0	142	18	24	42	184
Mal Head	126	35	161	16	23	39	200
Mark Hansen	138	29	167	15	17	32	199
Ron Thomas	0	18	18	0	14	14	32
Bruce Davies	0	0	0	0	0	0	0

NAME	56g	H/C	SCORE	ART. BAIT	H/C	SCORE	112g	H/C	SCORE	TOTAL
VETERANS										
Bob H	112.97	11		91.44	9		121.94	15		
	121.65	11	256.62	84.34	9	193.78	122.82	15	274.76	889.16
Gary G	141.56	12		125.97	15		151.06	15		
	139.23	12	304.79	118.36	15	274.33	141.32	15	322.38	1085.50
Mal H	85.32	50		80.85	39		88.64	52		
	94.50	50	279.82	77.37	39	236.22	105.58	52	298.22	1014.26
Mark H	116.13	32		84.91	34		109.57	41		
	114.70	32	294.83	89.28	34	242.19	0	41	191.57	927.59
Ron T	0	0	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0	0	0
Bruce D	0	0	0	0	0	0	0	0	0	0
	0	0	0	0	0	0	0	0	0	0

Overall Winner with Handicap: Gary Gildersleeves 1085.50



Dry casting is held once a month at:

Perth Polo Club  
Meadow St  
Guildford WA 6055

Please contact Bob Henderson if you  
are interested in joining in

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## FIELD DAY

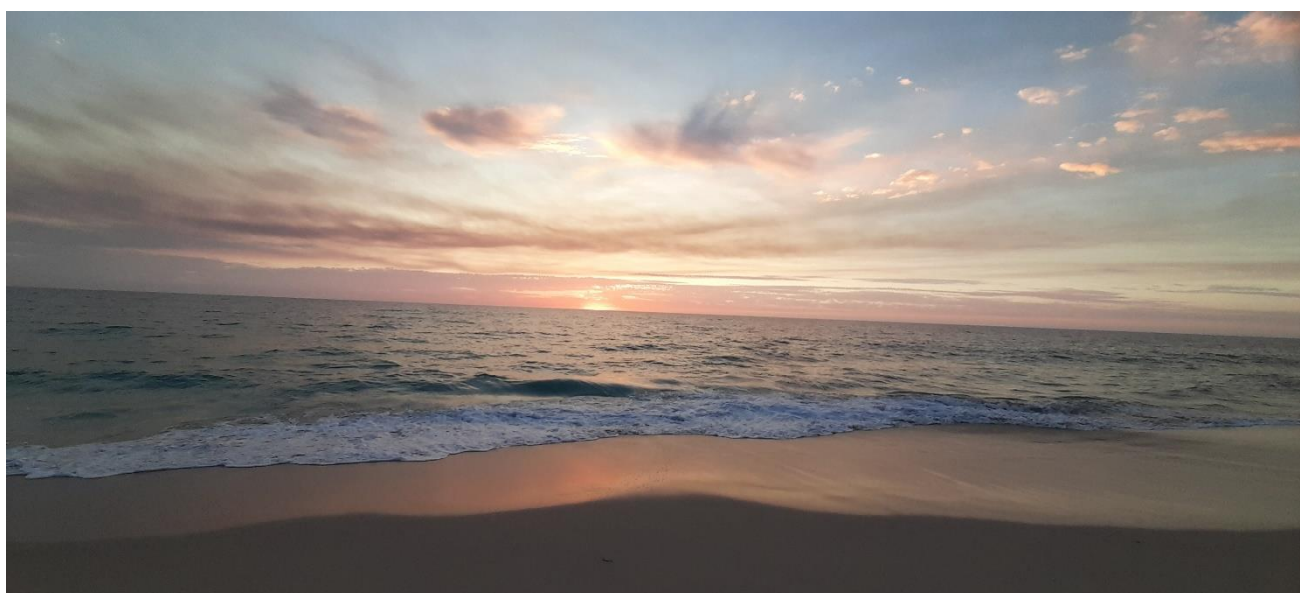
Wilbinga / Guilderton and local, January 13 – 14, 2024

Malcolm Harris, our new assistant field day officer, fished from Wilbinga with the Peet and Sandra Wessels. Malcolm reported 2 wrasse, 2 herring, and 1 sand whiting, recording no weights.

Peet reported 1 eagle ray, 1 mulloway, 1 pike, 1 tailor, 1 brown wrasse, 4 herring, and 5 blowfish, with a total bag weight of 9.1kg. Sandra reported 1 tailor, 1 brown wrasse, 3 herring, and 6 blowfish with a total bag weight of 0.7kg.

Mark Hansen and Bob Henderson, along with their faithful canine fishing companions, fished Saturday afternoon starting from at around 3pm from the South Mole and finishing at the North Mole around 8:30pm. Mark reported 1 sand whiting, 1 herring, and 1 blowfish from South Mole, and 1 female Western Blue Devil and 1 wrasse from the North Mole, with all fish released and recording no weights.

*Helen Carnell; Field Day Officer*



*Sunset at Wilbinga. Photo courtesy of the Wessels family.*

## Results

**PLEASE NOTE:** Corrections may be required for scores from previous months – these will be in a future edition.

NAME	KG	SPECIES	NUMBER CAUGHT	FIELD DAY SCORE
Peet Wessels	9.1	7	14	175
Sandra Wessels	0.7	4	11	58
Mark Hansen	0	5	5	55
Malcolm Harris	0	3	5	35
Bob Henderson	0	0	0	0

## Top scores up to January (before corrections)

Rank	Angler	Total points
1	Peet Wessels	834.5
2	David Wessels	652
3	Sandra Wessels	645.5
4	Mark Hansen	610.8
5	Martin Wearmouth	524.1
6	Sabby Pizzolante	482.5
7	Malcolm Harris	390.5
8	Vince Tomazin	374
9	Ron Thomas	296.26
10	Oliver Wessels	133.5
11	George Matrakis	121.4
12	Brad Zaknich	90
13	Bob Henderson	58.3
14	Bruce Davies	22
15	Chris Stickells	11

## ROTTNEST FIELD DAYS 2024

The scheduled dates for club field days on Rottnest for 2024 are:

**June 22 – 23**

**August 3 – 4**

The cost for each is \$170 per attendee, which includes accommodation, bus transportation, and ferry crates.

Members can travel in a group to Rottnest or make their own way over. Details of club and group arrangements will be organised closer to the dates. Please contact Peet Wessels to book your spot and pay the deposit.

*Peet Wessels; Recorder and Rottnest co-ordinator*



Photos









# Review: EcoFlow River 2 portable power station

Mike O'Connor – Australian Photography Magazine

Article provided by John Curtis

Portable power is something we increasingly need in an era of battery-powered everything, but what do you do when that woosy little power bank won't cut it? Well, get a bigger one!

Having reached the limits of what my little USB-C power bank can deliver, I've been reviewing EcoFlow's River 2 portable electric generator this summer. It's been slung in the back of the car and acted as a portable power option for our camping holiday, charging everything from my camera, to smartphones, tablets, my running watch, and even our coffee grinder (yes, I'm one of those people who camps with a coffee grinder...)

So, how has it performed? In one word, brilliantly.

Capable of powering most small electronic devices, the EcoFlow River 2 is a really useful piece of kit for a car camping trip.

## What is it?

You can think of the EcoFlow River 2 as a big, easy-to-use, power bank.

The 3.5 Kg box has two USB-A and one USB-C ports, along with a full size AC and a DC output, and is very sturdy and well-designed - I especially liked how the carry handle is at the back which leaves the top surface of the River 2 free to place charging items on top of.



It's worth adding that that 3.5 Kg is a fair heft, so this isn't really the sort of thing you'd put in a hiking backpack. But for the kind of car-camping we get up to, it's a perfect option.



There's a variety of outputs on the front of the EcoFlow, along with a bright and clear LCD screen. The whole power station is very easy-to-use and well-designed.

According to EcoFlow, the battery technology in the River 2 has been updated over its predecessor to use LFP (LiFePO4) Lithium Iron Phosphate batteries, which boosts the battery's capacity and longevity.

Whereas the original battery technology was good for 500 charges up to a capacity of 80%, using the River 2 six times a week, of 3000 full 100% cycles, will last 9.6 years until it drops to 80% - impressive.

## Adding power

You've got three options to charge the EcoFlow. The first is the traditional plug into the mains. This is also the fastest charging option and takes an hour or so from zero percent.

I really liked that a kettle-style power cable plugs straight into the back of the River 2, so you can use the same cable to charge the River 2 that you use to run most appliances, which is also handy if you lose the thing, or space is at a premium.

The other option is via DC on your car's battery, likely through the car's cigarette lighter. I didn't have a cable to test this, but indications are it takes a bit longer, as much as three hours, to fully charge, and you'll want to do it when the car is running to avoid discharging your battery.

Then there's the option of solar panels. Here, the generator will take an input of up to 220 W. EcoFlow also makes several solar panel options, including a 220 W version, although I wasn't sent these for review so can't speak to their convenience.



Finally, the included WiFi and Bluetooth on the River 2 connect it to your phone. The EcoFlow app (available for iOS and Android) can monitor the charge level, turn outputs on and off, and keep track of the life of the battery.

To be honest, I never really felt the need to use the app as the interface on the River 2 is pretty easy-to-use and self-explanatory, but the option is there if you want it.

### Using power

In use, my phone charged at a decent rate of 14 Watts, and my Sony A7IV, plugged straight into the USB-C only used three Watts, while my laptop hit the maximum 60 Watts that the USB-C port on the front of the River 2 could output.

This 300 watts is the limit on the AC outputs, which means that you can't power means big fans, portable ovens, or heaters. When these are connected the River 2 will try to keep up before tripping the overload. However once you unplug the device, it will quickly reset.

Capacity-wise, the River 2 holds about 256 Watt Hours. According to EcoFlow that's enough to charge an iPhone 14 Pro up to 15 times or a laptop about four times. In use I found it was a little lower than that, but not by much.

Regardless, by making sure it got a charge every 3-4 days it was great for those short periods where we were away from any power (such as at remote campsites) while travelling.

If I was to offer one criticism of the EcoFlow River 2 it's that there's only one USB-C port and two USB-A ports. I'm increasingly finding less need for 'traditional' USB-A ports, and having two USB-C would make more sense.

### The wrap-up

Sure it's big, and at \$649, it's not exactly dirt cheap. But after only one summer of use, the EcoFlow River 2 become a must-have in our camping kit. The EcoFlow River 2 is well-built, comes with a solid warranty, has a variety of inputs and outputs, and most importantly, charges your stuff without a fuss. I highly recommend it.



# Dead trees for artificial reefs?

*Article provided by Chris Stickells*

## Reefs made from trees could help restore biodiversity, study finds

Researchers say their pyramid-shaped pear tree structures could help certain marine habitats recover.



Reefs made from sunken trees can help restore biodiversity in degraded marine habitats, scientists have found.

It is estimated that coral reefs support about 25% of all marine life. They provide housing, food and areas to spawn for millions of marine species and are the backbone of maintaining the aquatic life cycle.

Since the 1950s, more than half of natural coral reefs have been lost to climate change, which has had dire effects on marine biodiversity. Experts estimate that if nothing is done to reduce biodiversity loss, more than a million species globally will be at risk of going extinct.

To combat this, scientists have been developing methods to revive aquatic communities. The latest method involved sinking artificial reefs made from pear trees in the Wadden Sea in the Netherlands.

A team of researchers built dozens of pyramid-shaped structures made out of felled pear trees, sank them to the seabed and monitored them for more than six months.

Jon Dickson, a PhD candidate at the Royal Netherlands Institute for Sea Research and lead author of the study published in the journal *Frontiers in Marine Science*, said: “We have fossil records of sunken wood communities dating back to the Jurassic period ... we are trying to simulate what it used to be like. [Because] trees are cheap and waste products, it’s cheaper to scale than using concrete or sunken ships.”

Dickson and colleagues found that after six months the tree reefs were home to algae and more than 15 sessile organisms – species that are immobile and typically anchored to a surface, like barnacles on the hull of a ship.

They also found that the sites with tree reefs were home to three times more species of fish than control areas without.

These findings suggest that certain marine habitats could be recovered through the use of these tree reefs.

“Hopefully we can push the knowledge that we’ve learned into other similar systems, [such as] in the North Sea ... and help the fish population recover there,” Dickson said.

In 2017, researchers in Germany published similar findings after studying deep sea organisms that inhabited sunken tree logs. They found that different species were attracted to the sunken wood depending on the location.

Dickson said: “I’d love to do [this experiment] somewhere with clearer water where we can actually visually observe how these reefs are providing habitat for fish and other organisms, as well as elsewhere in the Netherlands and North Sea.

“The flora and fauna vary even 200km down the coast, so I’d be fascinated to learn. You also have different [types of] trees in different places. So is that affecting what’s going on there?”

Since the initial results were recorded last year, Dickson and colleagues have continued to monitor the tree reefs in the Wadden Sea and seen changes to their inhabitants, including the addition of fish eggs.

“I’m really hopeful that we can kickstart the formation of natural reefs again by creating biodegradable reefs. [In] the southern North Sea there used to be 30% oyster reefs, now it’s less than 1%,” he said.

“I feel like we’re at the point in this global biodiversity crisis where we need to accept that we don’t know all the answers and just start doing it on a wide scale [because] some action is better than no action.”

<https://www.theguardian.com/environment/2023/aug/25/reefs-made-from-trees-could-help-restore-biodiversity-study-finds#:~:text=Reefs%20made%20from%20sunken%20trees,maintaining%20the%20aquatic%20life%20cycle.>

## Inner Peace

*By Bob Henderson*



I am passing this on to you because it definitely worked for me today, and we all could probably use more calm in our lives.

A Doctor on television this morning said the way to achieve inner peace is to finish all things you have started, so I looked around my house to see things I’d started and hadn’t finished. So, with determination I attacked it all with vigour.

I have now finished off the bottle of Johnny Walker, a half empty bottle of Jim Bean, the left-over Green Ginger wine (been in cubbard for yonks), a fartly

opend bootle of Bailies, a facket of krumed prunguls, the leftava praket of choklets that wer changin to a miky cular, swulled the bot of valeyum dat was on the sid tabl, ana fund a bitta left ove sheezcak ina buttum of frudg that had gong ween. Ima shur da us buy dat sed 1952. Guna goo to tilot n kant got utta da seet, ah fugga it.

YA HAV NU IDR OW BLUDDE GUD I FEEL RITE NOO. Pliz sed his ona 2 dem yu fel ar ned ov sum ina peec.

# RECIPE

## MANGO SALAD WITH CRISPY SKIN SALMON

*Originally published by Little Australian Communities*

*Provided by Helen Carnell*

*Prep time 5 minutes; Cook time 10 minutes; Serves 4 people.*

### Ingredients:

4 salmon fillets, skin on  
3-4 tbs olive oil  
1 large mango, peeled and sliced  
1 cucumber, cut into ribbons (by using a peeler or mandolin)  
150 mixed lettuce  
½ cup fresh mint leaves, roughly torn  
½ cup fresh coriander leaves  
1 red chilli, finely sliced (optional)

### Dressing

Juice of 1 lime  
2 tbs fish sauce  
1 clove garlic  
1 tsp ginger, finely grated  
2 tbs sweet chilli sauce  
1 tbs sugar



### Method:

**Step 1** Pat the salmon fillets dry with a paper towel and season with salt and pepper. Add the olive oil to the fry pan and place over medium heat.

**Step 2** Once the pan is heated, place the salmon fillets in the oiled pan, skin side down.

**Step 3** Cook for 6-8 minutes, until the salmon is almost cooked through, then flip it over and cook the other side for just a minute or so.

**Step 4** While the salmon is cooking, place the mango, cucumber, lettuce, mint and coriander in a large bowl and gently toss to combine.

### To make dressing:

**Step 5** Combine all the dressing ingredients in a small jar and shake until the sugar is dissolved.

**Step 6** Divide the salad between four plates and place a salmon fillet on each.

**Step 7** Drizzle with the dressing and top with fresh red chilli.

### Alternatives:

Any fish can be substituted.

### Notes:

If making this for anyone with crustacea intolerance or allergies, Worcestershire sauce is a tasty and safe substitute to fish sauce.

I do love different philosophies.  
The Bible and the Quran both tell us to love one another.  
The Kama Sutra is a little more specific.